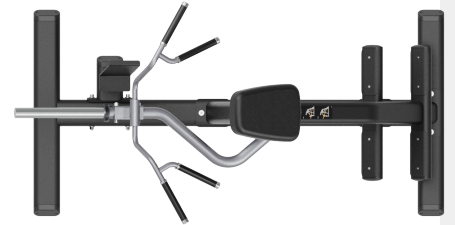


SH PLATE LOADED SERIES**SH024 - T-BAR ROW****PRODUCT OVERVIEW**

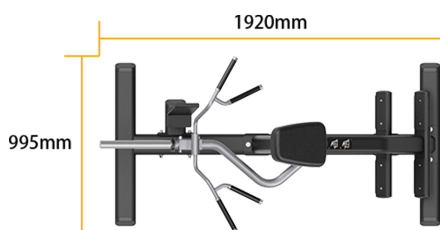
The SH024 is a premium plate-loaded strength machine designed specifically for comprehensive back development. With a modern aesthetic and solid construction, it is ideal for large commercial gyms and upscale personal training studios. Equipped with extended dual-angle handles, the SH024 offers multiple grip widths and positions—from wide to narrow—allowing full activation of the latissimus dorsi, rhomboids, and trapezius. This versatility supports both width expansion and thickness enhancement, meeting the diverse goals of different users.

The handle rack height is precisely calculated to accommodate various arm lengths for easy grip access without interfering with the movement path, enhancing workout efficiency. The ergonomically designed chest pad helps redistribute the user's center of gravity to reduce lower back pressure. High-resilience padding ensures comfort during heavy training sessions by minimizing chest discomfort. Dual-position non-slip footplates support different user heights and stance preferences, helping users find an ideal foot placement for better posture and muscle engagement.

SPECIFICATIONS & KEY FEATURES

Specifications

Dimension:	1920*995*1260mm
Net Weigh:	78kg
Max Load Capacity:	150kg
Main Frame Tubing:	PT60x120x2.5
Standard Color Scheme:	SH Series standard color scheme

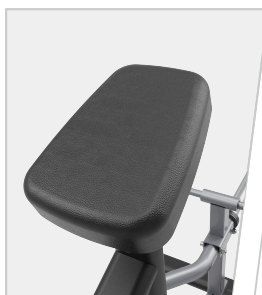


Product Features



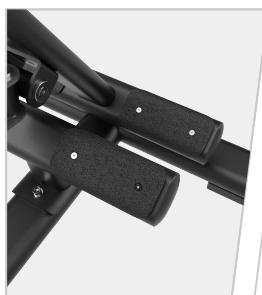
Extended Dual-Angle Handles

Support multiple grip positions and widths to fully engage key back muscles and accommodate various training preferences.



Ergonomic High-Resilience Chest Pad

Optimizes body alignment and reduces lower back strain while minimizing chest pressure for safer, more comfortable training.



Dual-Position Non-Slip Footplates

Accommodate different user heights and support varied foot positions for precise targeting of both upper and lower back.